

Mpande Ethnomedicine Sanctuaries

mpande (n) - /m pandε/ root



Why Mpande?

Because we wish to stay on this planet.

Over the past 30+ years the deepening global crisis in mental and emotional health has not been answered through the structures of Western biomedicine despite its successes in other areas. The foundational paradigms of this approach are inadequate for full healing, and its ever-expanding web of symptomatic treatments has only buried our collective wounds deeper.

Ethnomedicine practitioners working with plant allies have a long history of success in healing mind, heart, body and soul.

Depending on legal status and jurisdiction we will be starting with Iboga and its incredible potential for deep alignment, blending in novel sacramental mushrooms for scale and efficiency, introducing sceletium as a deep emotional regulator free of legal sanction. We also include non-sacrament ethnomedicines such as healing divinations and Lomi Lomi, amongst others.

What We Do

Medicine without struggle and effort. Ease not Dis-ease.

The loops, avoidance and illnesses are signposts and navigational pointers to the fundamental healing needed, The sacramental medicines provide powerful vitriol for dissolving resistance. At Mpande we hold a container for people to feel safe in letting go and finally emerging into who they essentially are.

We personally journey deeply with the medicines and are therefore skilled and available listeners to their guidance and the ways in which the medicines wish to work with the people more widely.

Mpande Sanctuaries holds a container that feels safe and legible for modern people whilst holding the wisdom of the ancient. We offer a fundamental 12 day reset using iboga, divination, bodywork, art therapy and nature immersions.

An Mpande Apothecary is an urban oasis where people can learn about Ethnomedicine, receive initial diagnosis, buy legally available ethnomedicuines for microdosing, supplementation or recreation. Apothecaries follow the location of the healing houses in a nearby urban centre and in a close major urban centre.

How We Do It

Always Impeccable. We reflect the true you.

Proven powerful protocols delivered in artfully designed Healing Houses, sited amidst beautiful nature with epic food and medicine gardens embracing sacred land connections

A team of devoted ethnomedicine practitioners, liberated to collaborate, cross-pollinate, and ground into the discipline to support people in finding their own miracles and then venturing forth to pay it forward.

Key long-term best in class supply agreements: 1 ton of 12 year plus Iboga under leaf, 2 Ha. Wildcrafted Sceletium (yields of 1 ton+ per annum). A soon to be granted psilocybe mushroom growing licence in the best outdoor growing environment in the world.

Who We Are

If you find another as grounded and skilled bunch of hardcore medicine journeyers we'd love to meet them

Simon Lauren in Executive Director, 12+ years in iboga Ethnomedicine Director, expert in African spiritual lineages, therapies, advancing ethical, preserving ancestral wisdom. transformative health. Debbie Paul in in Commercial Director, 30 years in Operations Director, experienced in large-scale project engagement. investment/finance.

Traction

Gecko as spirit animal

- With over 12 years experience serving iboga and Cacao ceremonies we have helped over a thousand people connect with themselves in a much deeper way and experience profound healings and shifts of consciousness.
- We have incredible testimonials, full case studies and a large network of advocates around the world.
- We have trained a skilled team of ethnomedicine practitioners to support our work, many with 3-5 years of supporting us in the service.

- We have purchased a 1.8 ha property in the Uylenkrall valley in South Africa's Overberg region, It is on the same road as Grootbos Nature Reserve and the Bhodi Khaya Retreat Centre, two very well known and successful operations. We are surrounded by incredible nature.
- We have almost completely renovated the house on the property - building new guest suites, and a fantastic ceremony space. Painting, finishes and furnishings are all that remain.

Our First Sanctuary

B14 Grootbos Road, Uylenkraal Valley













Market Opportunity

Setting up temple in the home of the money changers

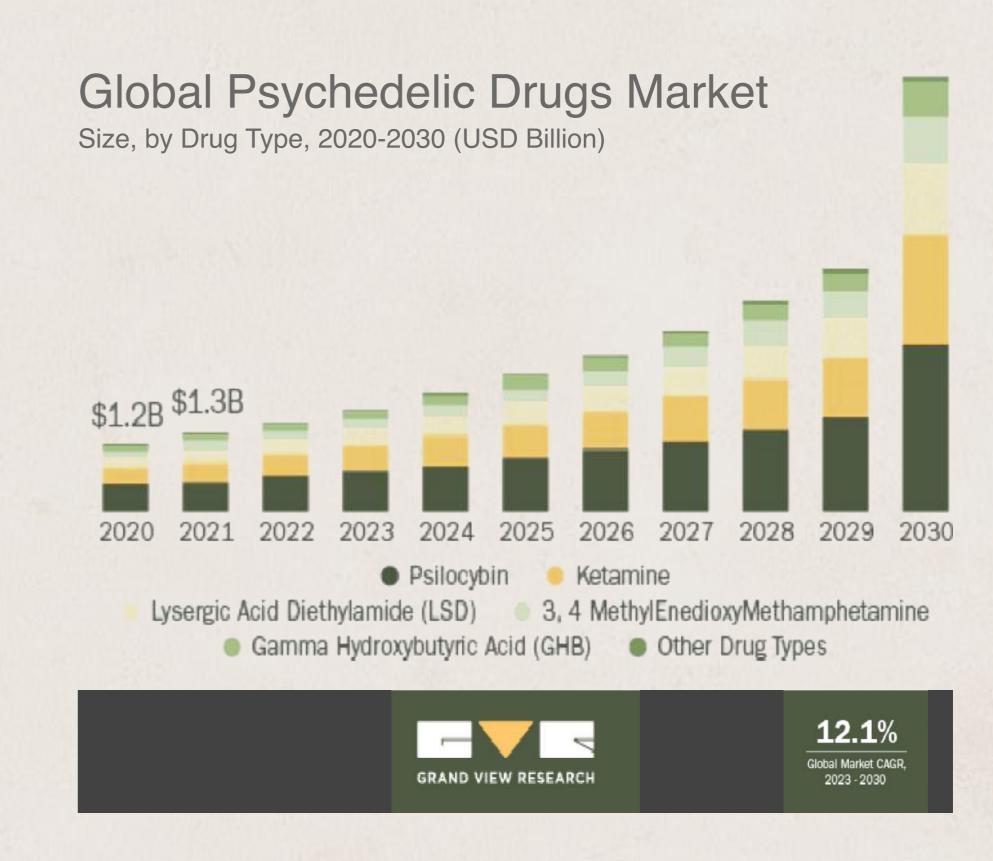
Accelerarting Market Growth

Global psychedelic therapeutics market projected for significant expansion through 2031.

Progressive policy shifts supporting ethno medicine research and development.

Increasing institutional funding for alternative medicine studies.

Growing acceptance of traditional healing modalities in clinical settings.



Roadmap

Its not a road and the map is 5D, but here is the stuff we will do.

Q1 2025

Complete building renovations.

Q2 2025

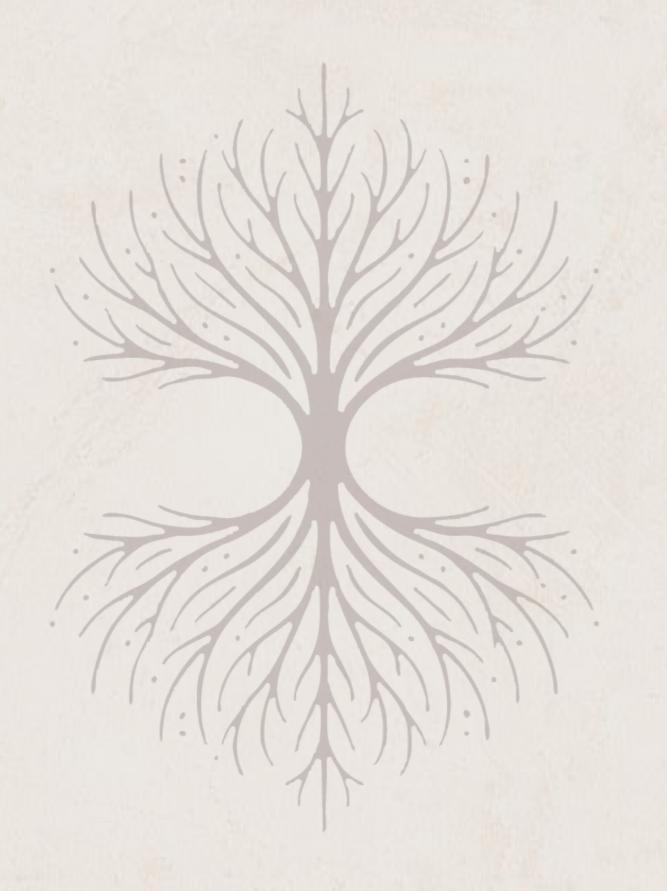
- Finishing touches and buying furniture.
- Continue developing the gardens.
- Run pilot protocols and settle the team in the local area.

Q3 & Q4 2025

- Begin Treatments.
- Refine treatment schedule.

Allocation of Funds

Energy flows for weaving the healing



- Repayment of loan for purchase of property
- Renovation of property, building and land
- Relocating the service team
- Moving the service team onto full-time salaries
- Hiring additional team members for taking care of the Healing House
- Marketing

Risk Mitigation

Its not how far out you can go, its how far you can come back from

Operational & Legal Resilience

- Decentralized Treatment Model: Multiple autonomous healing houses across diverse jurisdictions to maintain service continuity regardless of regulatory changes.
- Cross-Training Program: Staff trained across multiple modalities ensuring flexibility in service delivery despite potential restrictions on specific medicines.
- Indigenous Partnership Model: Formal collaborations with recognized traditional practitioners potentially allowing operation under indigenous rights provisions.

Market Differentiation

- Multi-Modality Approach: Diverse treatment options ensuring business continuity if particular medicines face increased restrictions.
- Wellness-Clinical Spectrum: Positioning services across both wellness and medical paradigms to leverage optimal regulatory frameworks.

Community Integration

- Local Stakeholder Engagement: Developing strong relationships with community leaders and healthcare providers to build social license.
- Economic Benefit Sharing: Creating local employment and supplier opportunities to build community support networks.
- Educational Outreach: Regular community workshops demonstrating health benefits and responsible use practices. Strategic partnerships with compliant laboratories in multiple jurisdictions.
- Active participation in policy development through industry associations.

Financial Stability

- Revenue Diversification: Multiple income streams from treatment services, education, non-restricted products, and integration support.
- Scalable Investment Model: Each healing house structured as discrete investment opportunity allowing modular expansion.
- Asset-Backed Security: Property ownership providing tangible value.

Our deepest fear is not that we are inadequate.

Our deepest fear is that we are powerful beyond measure.

It is our light, not our darkness that most frightens us.

Marianne Williamson

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